

Sambro Elementary School Hot Lunch Menu

Name: _____ Grade: _____ Teacher: _____

(V) indicates meals that are meat free or have a meat free option

			Description	Regular	Notes
Week 1	Jan 16-20	Monday	Bagels with cream cheese and fruit Choice: Smoked salmon <u>or</u> no salmon		(V)
		Tuesday	Macaroni and Cheese, side veg		(V)
		Wednesday	Cheese Quesadillas Option: BBQ Chicken <u>or</u> just cheese		(V) * Note there are only 2 options for this day
		Thursday	Butter chicken with rice, veggies, and naan Option: Veggie version		(V)
		Friday	Cheese pizza - Mishoos		(V)
Week 2	Jan 23-27	Monday	French toast and fruit		(V)
		Tuesday	Chicken Fingers with veggies and dip		
		Wednesday	Tacaroni		
		Thursday	Sweet and sticky chicken with coconut rice and veggies Option: Tofu instead of chicken		(V)
		Friday	Cheese pizza - Mishoos		(V)
Week 3	Jan 30-Feb 3	Monday	Taco Pie		
		Tuesday	Country Breakfast Bowl (potato, eggs, cheese, bacon) with salsa		(V)
		Wednesday	BLTs and fruit		(V)
		Thursday	Lasagna and garlic bread Choice: Meatless		(V)
		Friday	Cheese pizza - Mishoos		
Week 4	Feb 6-10	Monday	Chicken noodle soup and crackers		
		Tuesday	Spaghetti with sauce and garlic bread		(V)
		Wednesday	Choice: Hamburger <u>or</u> Cheeseburger <u>or</u> Veggie burger, and side veggies		(V)
		Thursday	Chicken Shawarma plate - Chicken, hummus, pita, Greek salad, rice		(V)
		Friday	Cheese pizza - Mishoos		
TOTAL ORDERED (add # of orders)					PLEASE RETURN
COST PER ORDER				\$3.25	THIS SHEET TO
LESS DEDUCTION reason:					THE SCHOOL
TOTAL DUE					
Confirmation # of Online Payment					

