## Sambro Elementary School Hot Lunch Menu

Name: $\qquad$ Grade: $\qquad$ Teacher:
(V) indicates meals that are meat free or have a meat free option

|  |  |  | Description | Regular | Notes |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{aligned} & \stackrel{\sim}{\Psi} \\ & \underset{~}{\leftrightarrows} \\ & \stackrel{\rightharpoonup}{0} \end{aligned}$ | Monday | Bagels with cream cheese and fruit Choice: Smoked salmon or no salmon |  | (V) |
|  |  | Tuesday | Macaroni and Cheese, side veg |  | (V) |
|  |  | Wednesday | Turkey and rice soup and a roll |  |  |
|  |  | Thursday | Butter chicken with rice, veggies, and naan Option: Veggie version |  | (V) |
|  |  | Friday | NO SCHOOL |  |  |
| $\begin{aligned} & N \\ & \stackrel{\rightharpoonup}{0} \\ & \stackrel{\omega}{\aleph} \end{aligned}$ | $\begin{aligned} & \dot{J} \\ & 0 \\ & \frac{0}{1} \\ & \frac{1}{0} \\ & \stackrel{\rightharpoonup}{0} \end{aligned}$ | Monday | HALLOWEEN Meal | FREE | (V) |
|  |  | Tuesday | Crispy Chicken burger and veggies |  |  |
|  |  | Wednestay | Grilled cheese and fruit |  | (V) |
|  |  | Thursday | Shepard's Pie |  |  |
|  |  | Friday | Cheese Pizza - Mishoo's |  | (V) |
|  |  |  |  |  |  |
| $\begin{aligned} & m \\ & \stackrel{\breve{0}}{0} \\ & \stackrel{\Delta}{\infty} \end{aligned}$ | $\begin{aligned} & \underset{\text { I }}{1} \\ & \text { Z̀ } \end{aligned}$ | Monday | Chicken noodle soup with crackers |  |  |
|  |  | Tuesday | Bacon, egg and hashbrown muffins with fruit |  | (V) |
|  |  | Wednesday | Taco-roni |  |  |
|  |  | Thurssay | Lasagna and garlic bread Option: Veggie lasagna |  | (V) |
|  |  | Friday | NO SCHOOL |  |  |
|  |  |  |  |  |  |
|  | $\begin{aligned} & \frac{\infty}{\dot{J}} \\ & \stackrel{\rightharpoonup}{J} \\ & \underset{z}{2} \end{aligned}$ | Monday | Pancakes and fruit |  | (V) |
|  |  | Tuesday | Spaghetti with sauce and garlic bread |  | (V) |
|  |  | Wednesday | Choice: Hamburger or Cheeseburger or Veggie burger, and side veggies |  | (V) |
|  |  | Thurssay | Ham and cheese quiche with fruit Option: No ham |  | (V) |
|  |  | Friday | Cheese Pizza - Mishoo's |  | (V) |
|  |  |  |  |  |  |
| TOTAL ORDERED (add \# of orders) |  |  |  |  | PLEASE RETURN |
| COST PER ORDER |  |  |  | \$3.25 | THIS SHEET TO |
| LESS DEDUCTION reason: |  |  |  |  | THE SCHOOL |
| TOTAL DUE <br> Confirmation \# of Online Payment |  |  |  |  |  |

